

TAROT - The Route

TAROT INDIA NETWORK®

SPECIAL POINTS OF INTEREST

- Renowned author Dr Arthur Rosengarten speaks to the Tarot India community
- Focus on The Moon card
- Tarot and Psychology

Mysteries of the Mind

Understanding the human mind has been a futile quest for most researchers. Modern science has yet to discover much about this strange and puzzling subject. The powers of the mind, like powers of the moon remain as elusive and incomprehensible as ever to most of us.

If we continue to ignore our mind and its powers, they will remain in the unconscious zone, and our reality will remain as illusory and vague as before. We may even fall prey to lunacy, self created delusions and what may be described as psychopathological conditions.

On the other hand, when we do befriend our mind and

penetrate its mysteries, we gain awareness and greater freedom. Truly our mind can cross the barriers of time and space to show us fascinating glimpses of the past, present or future. It can help



Crow's Magic Tarot

us achieve success, manifest desires, protect us from harm and help us create a healthy balance and harmony in the world... even liberate us from the illusion of suffering, provided we learn how to work with our mind. However to walk into its unknown territory requires tremendous courage and spiritual practice.

Skeptics may refuse to acknowledge the myriad mysteries of the mind. Yet, the unknown becomes known only through the direct individual experience of those who dare to tread the path... May you Blessed Be on your journey.

(*) Swati

ABOUT THE TAROT INDIA NETWORK

Tarot India Network is a small effort to create more awareness about Tarot as a spiritual tool for self realization.

At Tarot India we create events and opportunities for members and the public to come together for the common cause.

Tarot India Network inspires you to be more creative and to establish

your own personal meaning in the cards.

With workshops, reading sessions, publications and lectures there are a number of activities being constantly created.

We encourage you to join us through www.tarotindia.com for free membership to the Tarot India Network. This will also allow you to be

subscribed to our newsletter updates, workshop schedules, event invitations and other important information regularly delivered via email to you

To Join us visit the following link:

<http://www.tarotindia.com/links/joinus.html>

Also visit

www.magickalawareness.com

Interviewed by Swati Prakash

In Conversation With Dr. Arthur Rosengarten

Dr. Rosengarten is a Jungian-based psychologist and adjunct faculty at CHIS. He earned two graduate degrees at the California Institute of Integral Studies in San Francisco, and has been a lay dharma practitioner over the past 30 years. Additionally, Dr. Rosengarten is a highly recognized expert and speaker on the clinical use of Tarot cards, Director of Intuition Mind Seminars, and author of the classic 'Tarot And Psychology: Spectrums of Possibility' (Paragon, 2000). He is a Diplomate of the American Psychotherapy Association and serves on the Advisory Board of the American Tarot Association.



Website: www.moonlightcounseling.com

Blog--Far Seeing Art: <http://artrosengarten.wordpress.com/>
Ideas, Musings, & CyberExperiments

Tell us about your journey in Tarot.. Where and how did it start?

Actually, a graduate weekend seminar with Dr. Hillary Anderson at the California Institute of Asian Studies in San Francisco. This was the mid-'70s and I had been a student of East-West philosophy and Jungian psychology since my mid-teens. When introduced to tarot I was immediately taken. What an amazing illustration of the Great Work! And "divination"--we can actually trust pure "chance" itself to guide us on the spiritual journey. How cool! Went on to write the first accredited doctoral dissertation on tarot reading as a psychological tool, comparing it to dream analysis and projective storytelling. You can read the abstract of this landmark study in the files section of [TAROTPSYCH](#), my yahoo discussion group which I hope you join soon.

What influenced you on the way?

At 14, I did my 8th grade Biology term project on Parapsychology and the Psi experiments of JB Rhine. As an active member of the American counter-culture during the sixties, I was exposed early to exotic teachings from the east, meditation, yoga, and the works of the great Sri Aurobindo! I eventually became an English major in college, but my passion was always for Eastern philosophy, Jung, and Consciousness studies. Tarot became the perfect synthesizer for me.

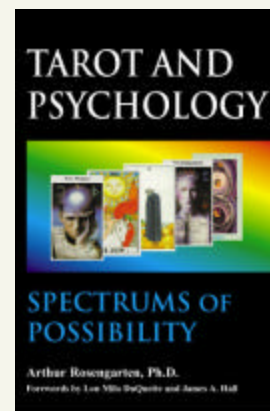
In your personal experience how challenging has it been to integrate the two approaches of Tarot and Psychology?

Even though I wrote the textbook, I have met resistance, naturally, on both sides of the aisle. I believe because tarot taps into the huge shadow-issue surrounding to this day the "occult." At times, the tarot community was skeptical of my work, and a little threatened I must say because "he's one of THEM" meaning a licensed therapist. On the other end, the mainstream psychological community has typically ignored, or by-passed my many proposals (to present at APA conferences, and the like) or else they've hidden behind the "evidence-based" requirement, and pretended not to be threatened by tarot *per se*. However, for the many therapists who study with me, and have taken my seminars on therapeutic tarot etc.--it's been quite the opposite! They get it, and indeed, they too are amazed by the power and potential of this funny deck of cards.

How do Tarot and Psychology blend together?

Well there's a "30-years-of-work" answer, but the short response is this: psychology teaches tarotists a great body of knowledge regarding the dynamics of helping relationships, character pathology, psychopathology in general, professional standards, and the importance of continued research.

Tarot teaches therapists about depth and imagination, trusting natural intelligence, the power of symbols, synchronicity, story-telling, and universal spirituality. Tarot is the perfect transpersonal thermometer and I often say, that one good tarot reading is equivalent to about five typical therapy sessions.



"One good tarot reading is equivalent to about five typical therapy sessions"

You have mentioned that 'Tarot is no more fortune telling than psychotherapy is personality fixing.' What would you recommend as the most meaningful applications of Tarot?

For people who want to stay connected to their deeper journey in the midst of their daily illusions and impermanence. Tarot always seems to remind us that there is an underlying spiritual challenge to whatever we are facing.

Would you say that Tarot and Divination have a chance of gaining acceptance and credibility in the modern scientific world of today? To what extent?

Indeed. Our modern shadow-side is the split-off archetype of mystery, and as such, it manifests with a certain base fascination/addiction energy around society's dark fringes and dirty little secrets. As we actually bring tarot's depth into science, mystery can be actually utilized as a high octane fuel for sophisticated problem-solving applications--such as the energy crisis--that takes account of psycho-spiritual and metaphysical implications of systems, not simply the physical. Tarot teaches synthetic and synchronistic thinking strategies.

What does psychology have to say regarding the powers of intuition and 'psychism'?

Psychology has devalued this side of the equation in its fierce determination to exist as a distinct social science and distance itself from religion. Even Jung went to great lengths to signal he was first and foremost an empiricist.

Now, at a crossroads when modern psychology may be breaking apart into sub-specialties due to economic realities, mostly emphasizing pharmacological treatments with new generation drugs. There will remain a large segment of the global community that asks for more, including responsible intuitive/psychic guidance that is not available in organized religion or bio-based psychology. There will be a new global demand for highly-experienced 'intuitives' and spiritual therapists.

In your view is it a good idea to research more and try and gather empirical evidence concerning Tarot and intuition? Any suggestion to such researchers?

Absolutely! While I've been something of a lone voice in tarot research in the past, I know many excellent graduate students today researching tarot for its practical, therapeutic benefits. Because this is how the system works, for better or worse, I believe more published papers, infiltration, and dialogue with mainstream health providers to be a good thing.

To what degree would you recommend Tarot as a supporting tool to Psychologists, therapists or students of Psychology?

A good therapist is a skilled therapist. Tarot provides another highly versatile skill and knowledge-base that can only add to your depth as a provider. Whether you introduce cards (face-up) as psychodynamic illustrators, positive images for visualization, brainstorming, dream-work, storytelling, etc. or perhaps, during critical points of treatment you offer divination as a way of discussing together a client's progress, etc., tarot can be used carefully in therapy. In my book, I also talk about how it can be misused or over-prescribed as well.

How has spirituality influenced your role as a psychologist?

For me, the practice of psychology is a spiritual path itself. I have always felt deeply privileged to participate as a guide in a person's private world.

Any key message to the Tarot community of India?

Could there be a better place at this dynamic stage of global evolution and crisis for legitimate growth and development of this simple but profound, psycho-spiritual instrument--the tarot--than India? I think not. The depth and history of India is in many ways the same substrata of consciousness that informs tarot. *[Note: I will be visiting Delhi with my E. Indian/American wife Sangita, and our two teens, Alex and Maia, over Xmas holidays. Namaste]*

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FORTHCOMING EVENTS

All members are cordially invited for the following events:

12th July 2008 (Saturday) —Psychic Research and Study Group Meeting between 4:00 PM and 6:00 PM, for all those who have attended the workshop, Introduction to Divination, Magick and Psychic Skills and would like to carry on learning and practicing various topics related to Psychic arts and Divination

18th July 2008 (Friday) – Full Moon Meditation session between 7:30 PM and 8:30 PM for all members of Tarot India Network. This being Guru Purnima we will have a special focus on connecting with our inner masters and guides.

1st August 2008 (Friday)– New Moon and Solar Eclipse—Meditation session between 7:30 PM and 8:30 PM for members of Tarot India Network, with focus on Psychic Protection and Safety Skills.

15 August 2008 (Friday)- Full Moon meditation session between 7:30 PM and 8:30 PM coinciding with Independence Day as well as Raksha Bandhan - the festival of brotherhood. This meditation is for all members of Tarot India Network and will focus on the idea of Liberation, Peace and Unity of all Beings.

There is no registration fees for the above meditation events. We will be pleased to have you there.

For details and registration call us on our office numbers at Mumbai 9867859058 or 64104135.

Keep visiting www.tarotindia.com for regular New Event updates

Get your free Tarot India Network membership. [Click Here](#)

INVITATION - TAROTPSYCH

Interested in Tarot Psychology?

Join TAROTPSYCH...A lightly moderated Yahoo discussion group on "psychologically-based" tarot work, or tarotpsych. For therapists, counselors, Jungians, spiritual teachers & healers, trainers, intuitives, grad students, and newcomers to the dynamic world of tarot psychology.

Owned and Moderated by psychologist, Dr. Art Rosengarten, author of the classic text in this field, Tarot And Psychology: Spectrums of Possibility. Free to join, easy to participate.

Go to: <http://tech.groups.yahoo.com/group/tarotpsych/>

"The Moon can be a powerful healing source, provided we are willing to face our fears and embrace the unknown"

MEDITATION WITH THE MOON CARD

Some individuals find the Moon card uncomfortable to work with. Yet it can be very revealing and inspirational (like every other Tarot card.)

The Moon can be a powerful healing source, provided we are willing to face our fears and embrace the unknown.

The full moon is symbolic of awareness and its energy can be highly useful. Therefore this meditation is best done outdoors on a full moon night.

As you sit in a comfortable position, observe the Moon card. Reflect upon its possible

meanings to you at the moment. Is the Moon card depicting any situation in which you may have felt confused, unsure or saddened? Allow yourself to be aware of any such emotions and know that you are capable of dealing with them in a powerful way.

Now direct your awareness towards the beautiful full moon in the night sky. Notice how the peace and tranquility of the night is filling you with a sense of harmony and comfort. Absorb this divine radiance of the full moon. Visualize it as a stream of

pure white light entering your body from top of your head and going down your spine, and further till it reaches the tips of your toes and fingers. Allow it to penetrate every cell, tissue and bone of your body, filling you with a wonderful healing sensation. Now allow the light to expand around you, filling your entire aura, in the form of a cocoon of light extending up to a few feet around your body, bestowing you strength, protection, healing and clarity.

Blessed Be (*)
Swati

Some Images - The MOON Card



Mythic Tarot



Golden Tarot



The Buddha Tarot



Tarot Art Nouveau

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EMAIL YOUR ARTICLES/ SUBMISSIONS ON: articles@tarotindia.com
Regd Add: B 708, Shankar Enclave, Ashok Nagar, Kandivali East, Mumbai 400101 India
Email: articles@tarotindia.com Website www.tarotindia.com
Mobile: 09867859058 Landline: 022 64104135

This publication is created with the intention of promoting the spirit of Tarot and creating awareness about Tarot as a spiritual tool.

We welcome your comments and editorial contributions on articles@tarotindia.com

For advertising and subscriptions or any queries or suggestions email us and we shall communicate back to you.

To send your tarot deck for review or to send your review on any tarot deck contact us as per the above details.

"The Route of Tarot is an entire Spiritual Path in itself"

A Comprehensive Tarot Training Program Facilitated by Swati Prakash, Founder - Tarot India Network

ADVT.



A Series of Workshops Including:

- 1. Introduction to Divination and Psychic Skills*
- 2. Basics of Tarot*
- 3. Essentials of Tarot—Part I and II*
- 4. Tarot Reversals*
- 5. Tarot Spreads*
- 6. Tarot Spells and Meditations*

The program is designed with an aim of equipping you with the core skills of Tarot reading not only for the purpose of predictions, but also for spiritual knowledge and self healing.

The lessons are designed to be interactive and experience based. The training provided is aimed at being practically useful and individually meaningful to each student. For details [CLICK HERE](#)

Email info@tarotindia.com for enquiries or to register call 9867859058 in Mumbai